

MYTTIN DA

good morning

From the Table

Help yourself to our sweet and savoury selection.

From the Kitchen

Choose your favourite from the menu below, freshly prepared to order. Our dishes are carefully designed by our chefs, so we recommend enjoying them as listed.

St Michaels Breakfast

Sausage, Dry-Cured Smoked Bacon, Cornish Hog's Pudding, Roasted Tomato, Mushroom, Baked Beans, Hashbrowns, & a Poached Egg

St Michaels Veggie

Falafel, Hummus with Mixed Seeds, Roasted Tomato, Mushrooms, Kale, Hash Browns, Baked Beans & a Poached Egg

Sausage or Bacon Brioche

A soft Brioche Bun filled with Sausages or Bacon & Tomato Relish

Sautéed Mushrooms on Sourdough

Topped Sourdough with a generous portion of Mushrooms Sautéed in Herb Butter

Eggs Benedict

Toasted Muffin topped with Soft-Poached Eggs, Carved Ham, & Hollandaise Sauce

Eggs Royale

Toasted Muffin topped with Soft-Poached Eggs, Salmon, & Hollandaise Sauce

Smashed Avocado and Poached Egg on Sourdough

Toasted Sourdough with Seasoned Smashed Avocado, a Poached Egg & Paprika Oil

From the Kitchen dishes are prepared to order. If you have any allergies or dietary requirements, please inform a member of staff before ordering.

SMOOTHIES

Green Machine | 6

Kiwi, Cucumber, Pineapple
& Coconut Water

Strawberry Delight | 6

Strawberry, Peach,
Papaya & Apple

Scoop of Protein Powder | 1.5

COCKTAILS

Bloody Mary | 11

Absolut Vodka, Worcestershire Sauce,
Red Bell Pepper, Lemon, Salt, Pepper,
Sriracha & Tomato Juice

Raspberry Mimosa | 8

Chambord, Orange & Prosecco

DINE TONIGHT

While we're on the subject of food, join us this evening at one of our two restaurants. Discover the best of the season at *Brasserie on the Bay*, or enjoy an abundance of fresh, locally sourced small plates at *Nourish*, designed for sharing.



Speak to the crew or scan
the QR code to book.