BREAKFAST MENU



SERVED 7:30 - 10:30am



Please help yourself to today's selection of cereals, yoghurt & berries, fresh fruit, bread, pastries and fresh juices. Or start your day with a coffee from our barista machine, teas are available to order.

Please see reverse for drinks.

Cornish

egg (your way), Primrose Herd sausage & bacon, hashbrown, roasted tomato, beans Extra items? Just ask

Smoked Salmon

with silky scrambled super eggs

Smashed Avocado

poached egg, smashed avocado with chilli & lime, toasted muffin, hollandaise

Cornish Vegan

vegan sausage, hash browns, sautéed pak choi, roasted tomato, beans

Benedict

poached egg, Cornish ham, toasted muffin, hollandaise sauce

Royale

poached egg, smoked salmon, toasted muffin, hollandaise sauce.

Please let us know of any allergies: we'll have just the thing to kickstart your day the right way.



While we're on the subject of food, get dinner sorted for this evening in either of our two restaurants.

Brasserie on the Bay

Fresh. Local. Honest.
Discover the best of the season from our farms, fields and waters with our authentically Cornish dining experience.



Nourish

With an abundance of small sharing plates inspired by Cornish tapas style, crafted from the freshest seasonal produce, with a focus on plant-based goodness.