

BREAKFAST MENU



SERVED
| 7:30 - 10:30am |

Metten da,

Please help yourself to today's selection of cereals, yoghurt & berries, fresh fruit, bread, pastries and fresh juices. Or start your day with a coffee from our barista machine, teas are available to order.

Please see reverse for drinks.

Cornish

egg (your way), Primrose Herd sausage & bacon, hashbrown, roasted tomato, beans *Extra items? Just ask*

Cornish Vegan

vegan sausage, hash browns, sautéed pak choi, roasted tomato, beans

Smoked Salmon

with silky scrambled super eggs

Benedict

poached egg, Cornish ham, toasted muffin, hollandaise sauce

Smashed Avocado

poached egg, smashed avocado with chilli & lime, toasted muffin, hollandaise

Royale

poached egg, smoked salmon, toasted muffin, hollandaise sauce

*Please let us know of any allergies:
we'll have just the thing to kickstart your day the right way.*

Dine tonight

While we're on the subject of food, get dinner sorted for this evening in either of our two restaurants.

Brasserie on the Bay

Fresh. Local. Honest.
Discover the best of the season from our farms, fields and waters with our authentically Cornish dining experience.



Garden Kitchen

Light and relaxed.
Where our Cornish/Mediterranean dishes brim with flavour as you gaze out over subtropical gardens.

Speak to the crew or scan the QR code to book

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WELLNESS

Strawberry Delight | 5

Strawberry, Peach, Papaya

Coconut Crush | 5

Pineapple, Coconut Cream

Berry Burst | 5

Blackcurrant, Blueberry, Banana, Blackberry

Green Reviver | 5

Banana, Kale, Mango, Lemongrass

Fresh Root Shot | 2.5

Ginger, Tumeric

WELL GO ON THEN...

Caffeine Bomb | 10

Caramel Coffee Vodka, Coffee Liquor, Double Espresso

Bloody Mary | 11

Absolut Vodka, Worcester Sauce, Red Bell Pepper, Lemon, Salt, Peppercorn, Sriracha, Tomato

Breakfast Martini | 10

Earl Grey infused Tarquins gin, Triple sec, Marmalade, Lemon

Raspberry Mimosa | 8

Chambord, Orange, Prosecco

Feel good again today

Hydrothermal Experiences

Book your 2-hour hydrothermal experience.
Scan for availability or ask a member of the crew

