

BREAKFAST MENU

BRASSERIE ON THE BAY

FRESH · HONEST · LOCAL

SERVED
| 7:30 - 10:30am |

Myttin da

Please help yourself to today's selection of cereals, yoghurt and berries, fresh fruit, bread, pastries and juices. Start your day with a coffee from our barista machine, or order a freshly brewed tea to your table.

Please see reverse for drinks.

Cornish

Egg (your way), Primrose Herd sausage, bacon, hash brown, roasted tomato and beans. *Extra items? Just ask.*

Smoked Salmon

with silky scrambled super eggs.

Smashed Avocado

Poached egg, smashed avocado with chilli & lime, toasted muffin, hollandaise sauce.

Cornish Vegan

Vegan sausage, hash brown, sautéed pak choi, roasted tomato and beans.

Benedict

Poached egg, Cornish ham, toasted muffin and hollandaise sauce.

Royale

Poached egg, smoked salmon, toasted muffin and hollandaise sauce.

*Please let us know if you have any allergies.
We'll have just the thing to kick-start your day the right way.*

Dine tonight

While we're on the subject of food, book a table this evening to eat at either of our two restaurants.

Brasserie on the Bay

Fresh. Local. Honest.
Discover the best of the season from our farms, fields and waters with our authentically Cornish dining experience.



Nourish

With an abundance of small sharing plates inspired by Cornish tapas style, crafted from the freshest seasonal produce with a focus on plant-based goodness.

Speak to the crew or scan the QR code to book.

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WELLNESS

Strawberry Delight | 5

Strawberry, Peach, Papaya

Coconut Crush | 5

Pineapple, Coconut Cream

Berry Burst | 5

Blackcurrant, Blueberry, Banana, Blackberry

Green Reviver | 5

Banana, Kale, Mango, Lemongrass

Fresh Root Shot | 2.5

Ginger, Turmeric

WELL GO ON THEN...

Caffeine Bomb | 10

Caramel Coffee Vodka, Coffee Liqueur, Double Espresso

Bloody Mary | 11

Absolut Vodka, Worcester Sauce, Red Bell Pepper, Lemon, Salt, Peppercorn, Sriracha, Tomato

Breakfast Martini | 10

Tarquins Gin infused with Earl Grey, Triple Sec, Marmalade, Lemon

Raspberry Mimosa | 8

Chambord, Orange, Prosecco

Feel good again today

Hydrothermal Experiences

Book a 2-hour rejuvenating spa experience.
Scan for availability or ask a member of the crew.

