

EVENING MENU

STARTERS

Roasted Butternut Squash,
Coconut & Miso Soup | 9
Toasted Sourdough & Butter

Burrata | 13

Hot Honey, Walnuts, Baby Leaves
& Toasted Sourdough

Hummus & Flatbreads | 8

Hummus with Smoked Paprika & Olive Oil

Harissa Roasted Aubergine | 10

Pomegranate, Tahini Yoghurt & Coriander

Tempura Tiger Prawn | 10

Sobrasada Butter Sauce &
Lightly Pickled Fennel

Antipasti | 14

Mortadella, Salami Milano, House Pickles,
Cornish Brie & Smoked Cheddar

Scorched Padron Peppers | 8

Soy & Sesame Dressing

MAINS

Crab Linguine | 26

White Wine Cream Sauce
& Lemon Pangrattato

Pork Ragu Pappardelle | 20

Fennel Sausage, Rich Confit Garlic
Tomato Sauce & Gremolata

Vegetable Pappardelle | 18

Basil Cream, Cherry Tomatoes,
Roasted Artichoke & Courgette

Nourish Smash Burger | 20

Smashed Burger, Gouda, House Burger
Sauce, Gherkin, Tomato & Rosemary
Sea Salt Fries

Minute Steak & Fries | 20

6oz Steak, Chilli & Garlic Broccoli,
Chimichurri & Rosemary Fries

Caeser Flatbread | 13

Pulled Chicken, Anchovies
& Caeser Dressing

Tuscan Flatbread | 13

Ground Fennel Sausage, Lemon Ricotta,
Rocket & Parmesan

PIZZAS

12" Italian Bases, Rich Confit Garlic,
Mutti Tomato Sauce & Fresh Mozzarella.

Our Pizzas can be made Gluten Free,
Dairy Free or Vegan on request.

The Classic Margherita | 15

Fragrant Basil

The Salami | 19

Hot Honey

The Fungi | 19

Whipped Truffle Mascarpone, Spinach,
Seasonal Wild Mushrooms & Truffle Oil

The Chicken | 19

Whipped Pesto Mascarpone Base,
Pulled Chicken & Roquito Pepper Drops

The Prawn | 19

Chilli-Dressed Tiger Prawns & Coriander

SIDES

Skin-on Fries

Rosemary Sea Salt | 6

Truffle & Parmesan | 7

Loaded Crab Fries | 15

Dressed White Crab, Brown Crab Mayo,
Pickled Cucumber & Smoked Paprika Salt

Da Bara Focaccia | 6

Confit Garlic

Seasonal Baby Leaf Salad | 5

Maple Vinaigrette

Gornish Smashed Potatoes | 6

Parmesan & Roasted Garlic Aioli

Nourish Coleslaw | 3

Homemade Creamy Coleslaw

Your food is freshly prepared to order.
If you have an allergies or dietary requirements,
please inform a member of staff before ordering.
A discretionary 12.5% service charge will be
added to your bill.

EVENING DESSERTS

Chocolate Brownie | 7

Cornish Clotted Cream

Lemon Tart | 7

Cornish Clotted Cream

Selection of Cornish
Ice Cream & Sorbet | 7

Ask your server for today's flavours

Coffee's/Bar Tipples

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